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Quarterly Problem

- *Science Edition* -

Chocolate diet?



Will eating chocolate make me gain weight?

This problem will encourage students to think of various scientific concepts, laws and ideas such as:

- *The law of conservation of energy.*
- *The calorific content of food.*
- *How the body metabolises food.*
- *An estimate of the amount of energy used.*
- *What happens to excess calories consumed.*

It can also be extended to include discussions related to exercise, nutrition and so on.



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